



Transform CLINICS

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Check Out
the **Specials**
for You at
Transform
Clinic

Look Good, **Feel Good!**

We want you to look and feel the best you can. We take your concerns seriously and listen to what you want to achieve at our clinic. We do the best we can to help you and take great pride and pleasure in seeing the results. There are so many different treatments available - have a consultation and we can learn what your wants are and we can explain what could work best for you and just what options are available. Don't forget we have late nights Monday to Thursday and we are open on Saturdays.

New Medical Treatments

A NEW SKIN REJUVENATION TREATMENT PRP - Platelet Rich Plasma Rejuvenation Treatment - uses your own biological cells to rejuvenate your skin. This treatment is ideal for people wishing to improve texture of the skin such as crepey necks, backs of the hands, décolletage and to restore a natural radiance to the face. Platelet rich plasma has a thickening and tightening effect on the skin. Although this process does not fill deep wrinkles like "filler" does, it does produce new collagen which in turn will cause wrinkles and fine lines to reduce. PRP is often used in conjunction with the Fraxel.

NEW LIP TECHNIQUES - Lip wrinkles - Give your lips a drink - Beautiful Shiny Full Lips. The fashion has gone from putting a simple edge on the lip to using new products such as Restylane Vital to hydrate and pump the body of the lip giving you a youthful full lip. Do not get the overdone edge causing the trout pout of the 1990's, with the new techniques at Transform you can have truly fabulous natural looking lips.

For **FIRMING AND LIFTING** try the Polaris Foto-Firm and our latest radio-frequency machine the Nemesis. We are achieving great results with these machines - no downtime. Come and chat to Tracy or Megan about the **NEMESIS** treatments or chat to one of our nurses about the Polaris Foto-Firm. See for yourself how these treatments can tighten and lift.

TATTOOS - Laser tattoo removal- ever thought how good it would be to remove your unwanted tattoo? Treatments from \$90. Free consultations and quotes with our registered nurses - we are the laser experts at Transform Clinic and have the most powerful laser available for tattoo removal. Don't worry we have ways of making the procedure as comfortable as possible.



Want Long Luscious Eyelashes?

NEWS FROM OVERSEAS: Imagine being able to grow your eyelashes longer, thicker and darker. A product that is simple and easy to apply to your eyelashes actually does this. Coming soon to New Zealand.

Foto-facials

\$295 - no one does it better!

At Transform our FotoFacial isn't just an IPL™ treatment, yes we use intense pulsed light but depending on your concerns we will add in as an extra bonus to your treatment radio-frequency for skin tightening, Q-switched lasers for stubborn brown spots and long pulsed vascular laser for stubborn visible facial veins - sometimes we think you need all of this - so you can be assured of the best possible result from the Transform FotoFacial. The best time for your FotoFacial is Autumn and Winter. (Pay up front for a course of 4 and the cost drops to \$250 per treatment).

Transform Clinic
are the Experts
for Light Treatments!

LASERS, IPL, LED

For photo-ageing, acne, poor skin quality, unwanted hair, scar improvement, pigmentation, veins, tattoo removal. We have the largest array of light machines in the South Island we are also the most experienced operators. If you want to know more come and chat to one of our registered nurses - no charge - we are open 6 days and have late nights Monday to Thursday. 3432880.

Good Skin Tips

You will know this but... remember to take care of yourself, you need rest, a healthy diet with lots of vegetables, to have enough omega 3 and 6 in your diet (Flax seed oil, oily fish etc.), to drink water, avoid too much alcohol, don't smoke, to cleanse, to moisturise and wear sun-block every day, to wear a hat in the sun, to exfoliate at least twice a week, to use a stimulant product regularly such as glycolic cream, to exercise regularly and always protect yourself from the elements.



Botox™ and Dysport™

Botox is made by Allergan and is from the USA; Dysport is made by Ipsen and is from the UK. Both are excellent Botulinum Toxin A products (these are the Botulinum products that are used at Transform Clinic.) These products are most known for treating frown lines and crows feet but there are many other well known uses for Botox and Dysport such as lifting the corners of the mouth, softening wrinkles, softening the stringy bands down the side of the neck. Excessive underarm sweating (Hyperhidrosis) is treated successfully with Botox and Dysport (also hands and feet!). Botox and Dysport can provide relief for migraine sufferers. Costs depend on the amount of product used and start at \$150.

Come and chat to our Doctor or one of our Registered Nurses about Botox and Dysport and learn about the amazing effects of these products and what they can do for you.

Beauty Therapy Treatments

Did you know we have expert beauty therapists that offer the full range of beauty therapy not just our amazing treatment focused services. If you want to have your eyelashes tinted, brows shaped, a relaxing facial, a massage, a manicure or pedicure, a Brazilian or other waxing Tracy and Megan are here to offer you these services. If you would like a skin consultation about how to care for your skin, or what treatments would benefit you, or you want your teenage daughter or son to learn about taking care of their skin - call and make an appointment for a free consultation with Tracy or Megan 343 2880. (Open 6 days and late nights Monday to Thursday).

Bella Vi

Beautiful, pure and silky mineral makeup. Come and talk to Tracy or Megan about Bella Vi.

Unwanted Fat Pockets?

You don't need liposuction, here is an alternative Lipotomy - the combination of injection lipolysis and ultrasound massage or radio-frequency skin tightening, suitable areas are double chins, arms, saddle bags and love handles.

Dermatech Products

Dermatech has introduced more fantastic products to their skin treatment and skin care range. Glycolics, Vitamin C Serum, Vitamin A Detox Mask, a sample of their powerful treatment products that give results and skin care products - with high quality ingredients at an affordable price.

Dermatech products are used at Transform Clinic in conjunction with all of our treatments, particularly Microdermabrasion, Sonophoresis, Iontophoresis, ultrasound and all our beauty therapy treatments.

Moles, Skin Lesions, Skin Tags, Skin Cancers

Dr Little has been removing benign lesions for many years for mainly cosmetic purposes. Last year he participated in a skin cancer course in Australia and was awarded a Certificate in Primary Care Skin Cancer Surgery by the University of Queensland. He is available to remove your superficial skin cancers.

MOLE CHECK: At Transform, we have invested in a mole screening software and imaging system called Siascopy. It assists in the diagnosis and management of possible skin cancers.

Siascopy is a non-invasive, rapid and painless melanoma screening device that has been specifically designed with and for General Practitioners and skin specialists. It assists in rapid and accurate diagnosis of pigmented lesions and provides a powerful tool for the management of patients within our skin screening clinic.

Siascopy understands the way that light interacts with the skin; the manner in which it scatters or bounces, the amount absorbed by the cells and other structures along with the different changes in wavelength or colour. By understanding these interactions and comparing the light sent into skin with light that comes back out, Siascopy is able to determine the nature and position of many of the different components of the skin.

Varicose Veins

Large varicose veins can be treated effectively and safely with our non surgical vein treatment options. Endo venous laser treatments, ultrasound guided FOAM sclerotherapy are both excellent treatments to give you relief from the discomfort that varicose veins can give. No downtime, exercise immediately and regularly afterwards for 2 weeks. (No international travel for 4 weeks). Most health insurers cover this treatment for non cosmetic reasons. Call for an appointment or for an information package. Did you know that varicose ulcers can be prevented and treated with these treatments? Treat the underlying cause - ulcer prevention and treatment.

Surgery for Varicose Veins is becoming Obsolete.

Dr Little attended the Australasian Phlebology conference earlier this year - this was an extremely well attended international meeting, with vein experts from New Zealand, Europe, America and Australia. It is well recognised by the attending physicians that surgery to treat varicose veins is becoming obsolete. There is significant research and evidence of the perfecting of non surgical treatments for varicose veins. For more information about varicose vein treatments call the clinic and make an appointment with Dr Little.



Just this much Dermatech Glycolic Cream...

will help diminish fine lines, reduce the appearance of sun damage, pigmentation and deep wrinkles leaving your skin soft, smooth and hydrated. Developed by an appearance medicine doctor 19 years ago, Dermatech Glycolic Cream promotes the health of your skin for a glowing, youthful appearance. Healthy and youthful skin, naturally.

Made in New Zealand



dermatech

www.dermatech.co.nz
or 0800 453 453 for your nearest stockist

LIST OF SERVICES

Appearance Medicine

DERMAL FILLING: Fine lines, deep lines, indentation scars, lip edges, lip volume, enhancement to cheeks, jowl re-alignment and rhinoplasty, volume enhancement.

BOTULINUM TOXIN: Frown and brow lines, eyebrow lifting and shaping and for crows feet. Botulinum face lifting, mouth frown and sagging neck. Hyperhidrosis (excessive sweating). Botox® and Dysport®.

THREAD LIFTS: Minor surgery to insert threads for brow, face and neck lifting of slack skin.

NON-INVASIVE LASER RESURFACING: The latest and safest for overall freshening of your skin. Fractional resurfacing (**FRAXEL**) or try our non-ablative no-downtime laser skin tightening that will also lift (**Fotofirm**).

LASER REMOVAL: We are the experts and have the latest machines for the removal of your unwanted hair. Also laser for **tattoos**, **pigmented spots** and **small thread veins** on face and legs.

PHOTO FACIALS: Using intense pulsed light (IPL) or our more advanced Fotofacial RF (ELOS technology) for removal of facial pigment and red capillaries over a course of 5 treatments.

MINOR SURGERY: Surgitron (radiosurgery) for shave excision of annoying **moles**, **skin tags** and **warts**. We also specialise in the radiosurgical treatment of the palate for snoring (**Snore-Op**).

MOLE CHECK WITH SIASCOPIY

PHOTODYNAMIC THERAPY (PDT): Sun damaged skin, brown spots, pre-cancerous lesions.

ACNE AND ROSACEA TREATMENT: Ask about our acne treatment package combining light treatments and microdermabrasion. Light treatments for Rosacea conditions.

VARICOSE VEIN REMOVAL: All veins can be treated including the largest varicose veins by ultrasound guided foam sclerotherapy or the minimally invasive Vnus Closure technique. EVLes™ Endovenous Laser Treatment for large varicose veins. Ultrasound mapping is performed in the clinic. Treatment fees for symptomatic veins have approval from most medical insurers.

Beauty Therapy

Consultation and Advice

Sonophoresis

Iontophoresis

Vitamin C Infusion Treatments

Dermatech Designer Facials / Clinical Facials

Microdermabrasion

Glycolic Treatments

Eye Lash and Brow Tinting, Eye Brow Shaping

Electrolysis - facial, body

Waxing - facial, body

Brazilian Waxing

Therapeutic / Swedish Massage

Manicure

Pedicure

Endermology

Bella Vi Mineral Makeup

Dermatech Skin Care and Treatment Products

Monthly Transform Specials*

April*

Have your Botox and Dermal fillers together at one appointment in April 2010 and we will give you a **Free** Vitamin C infusion facial in April and another in May 2010.

May*

Mother's Day Special buy Mum a Gift voucher over \$200 and we will give you a **Free** microdermabrasion treatment any time in June 2010.

June*

Laser Hair Reduction two for one treatment in June and July*

Tattoo Removal pay for your first treatment in June and have your second treatment **half price** in July.

July*

Skin Rejuvenation Special Book and pay for a course of 4 foto-facials - you will receive **2 Free Microdermabrasion Treatments** within your course time frame AND one pot of Dermatech Glycolic Cream (value of special to you is around \$255).

August*

Winter relief treatment Vitamin C Infusion and Sonophoresis **half price** for all of August.

*special conditions may apply, specials in Christchurch only.

About Transform

Transform Clinic has the largest array of laser and light technology in the South Island. We can use a combination of the technologies to offer our clientele the best result. We have a wide selection of Dermal Fillers and Botulinum Toxin A products available for the client to choose. All Appearance Medicine and light treatments are performed by Registered Medical Practitioners and Registered Nurses. We have clinics nationwide. Please note that some of the smaller centres may not offer the full compliment of treatments. Please Phone 0800 256 654 (08002lookgood) and ask for your nearest centre or for further advice on any of the treatments in this newsletter.

Contact Details

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DUNEDIN CLINIC - PITT ST MEDICAL CENTRE.
FREEPHONE 0800 2 LOOK GOOD for appointments.

